

### General Rules and Regulations

1. **The goal of this division is volleyball with minor modifications.**
2. The league will be co-ed with no minimum gender requirements. At least 4 players must be present to start a match; a maximum of 6 per side. If a team is below 4 players, the coaches and game supervisor may agree for the “loaning” of players for the game. **The purpose of this rule is for the encouragement of play. There are no standings for this division, and we want to limit forfeitures when we can prevent it.**
3. Court size will be regulation size. The net height will be set at 7.5 feet. The game ball will be a regulation ball.
4. The service line will be from a point behind the farthest boundary line from the net (end line). The player serving must not step on nor over the end line until after contacting the ball on the serve. There is no “re-do” on a serve unless the ball falls to the ground untouched prior to the serve.
5. Matches will be 2 out of 3, the first two games will be to 25 points, third will be to 15 points. One time-out per game; time-outs do not carry over.
6. Rotations follow a clockwise standard. Substitutions start at the back right serving position. After a 6<sup>th</sup> successful service point, a side-out will occur and the opposing team will gain serve possession.
7. Any specifics not covered within these rules default to NFHS/MSHSAA.