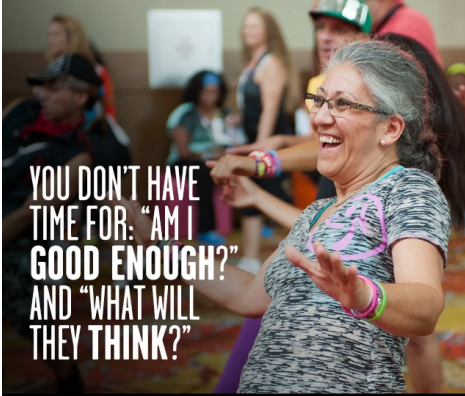
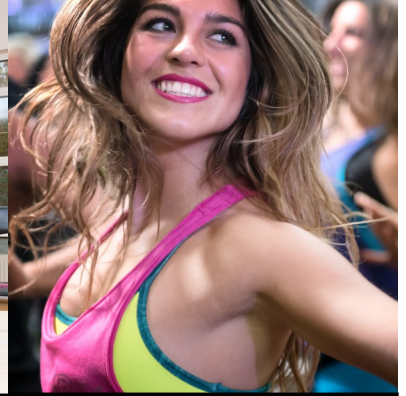




ZUMBA



YOU DON'T HAVE TIME FOR: "AM I GOOD ENOUGH?" AND "WHAT WILL THEY THINK?"



Zumba Gold is great for active older adults that are looking for all the moves you love at a lower intensity! Zumba Gold is geared for 55+, (and those with physical disabilities or limitations).



Fee: \$3 per class
10 Class Punch Card \$25

Zumba is a high energy dance party fusing Latin and International dance themes, as well as current chart favorites to help you burn calories with out even realizing it.

Zumba Sentao combines strength and resistance training with innovative dance moves.

Fee: \$5 per class
5 Class Punch Card \$20
10 Class Punch Card \$35
20 Class Punch Card \$60

Instructor
Holly
417-699-3453
Branson
Community Center
337-8510



Starting January 9

	Monday	Tuesday	Wednesday	Thursday	Friday
Zumba Gold 3:00pm		Zumba Sentao 4:00pm	Zumba Gold 3:00pm Zumba 7:00pm	Zumba/Sentao Combo 4:00pm	Zumba Gold 3:00pm

Branson
Community Center

**New
Schedule!**

Make sure you LIKE and FOLLOW @branzonzumba on facebook to keep up with what's happening and current class schedules.

