

# Youth Volleyball Rules

**Last Updated: 9/5/2017**

## Section 1

### **ROSTER**

- 1. Volleyball will have a designated roster maximum**
  - A. 1-2 Grade Roster Max is 6; play is 4 v 4; minimum of 3 players to start**
  - B. 3-8 Grade Roster Max is 10; play is 6 v 6; minimum of 4 players to start**
- 2. This is a co-ed league, If a team opts to have boys the following rules shall be in effect**
  - A. 5 girls, 1 boy**
  - B. 4 girls, 2 boys**
  - C. 3 girls, 3 boys**
  - D. No more than 3 boys shall be allowed on the court at one time from the same team**
  - E. At no time shall there be more boys than girls on the court at one time**
  - F. When only 4 players are present, 2 players must be girls in order to start**
  - G. If there is more than one hit on a side, a female must contact the ball before the ball crosses the net**

## Section 2

### **GAME RULES**

- 1. Game Length: a minimum of 3 sets or 50 minutes will be played in each match. In the event that all 3 sets have not been completed, the official in charge will announce a 5 minute warning and play out the final 5 minutes. Once the clock runs out, the match is over. You do not have to win by 2**
- 2. Scoring: rally scoring will be used in all matches. Matches will be 2 out of 3. First 2 sets will be played to 25 and the 3rd set will be played to 15.**
- 3. Equipment: It is strongly recommended that players have knee pads. Gym shoes are required.**
  - A. 1-6 grades will use a Volley-Lite ball**
  - B. 7-8 grade will use a regulation ball**

**Section 2 Continued**

**GAME RULES**

**4. Court:**

- A. 1-2 grade will play on a badminton court (44' long x 20' wide) with a 6' net height**
- B. 3-4 grade will play on a regulation court with a 6'6" net height**
- C. 5-8 grade will play on a regulation court with a 7'5" net height**

**5. Serving**

**A. Locations**

- I. 1-2 Grade will be allowed to serve from a spot in which they can successfully serve over the net, up to the closest line (10' from the center) before the net.**
- II. 3-4 Grade will be allowed to serve up to the top of the 3 point arch**
- III. 5-6 Grade will be allowed to serve up to the free throw line**
- IV. 7-8 Grade will be serving from the service line**

**B. Players will be allowed 2 attempts, in the 1-2 Grade Division. If the ball touches the net and goes over it is a live ball**

**C. No attacking or blocking a serve**

**D. After 5 points have been served by a player. A side out will occur with no point awarded and the opposing team serves.**

**Section 3**

**MISCELLANEOUS**

- 1. A distinct hit must be made. No holding, throwing or catching the ball is allowed**
- 2. The ball may be hit 3 times by one team, however one player cannot hit the ball twice in a row**
- 3. Players may not touch or hang on the net**
- 4. The ball will be called out if it hits anywhere outside the boundary lines, hits the sidewalls/curtain or hits ceiling and advances over to the defending team's side. The ball may be played after touching the ceiling or any other object overhanging the playing area, as long as it does not travel over the net and the hitting team makes a legal hit.**
- 5. 1 time out per set, unused timeouts will not carry over to the next set**

### **Section 3 Continued**

#### **UNIFORM**

- 1. Individual entry teams will be provided a t-shirt**
- 2. Team entry teams must supply their own uniforms**
- 3. No jewelry may be worn**

#### **OTHER GAME RULES**

- 1. Both teams must provide an adult line judge per match. Please report to the official prior to game start**
- 2. The Branson Parks Department requires that players, parents and coaches sign and adhere to a "Code of Conduct" regarding behavior and sportsmanship to which ALL will be held accountable. Sportsmanship violations, including foul language, intimidation, and threat of infliction of bodily harm against game officials, staff or other participants, coaches and spectators will not be tolerated. Individuals refusing to comply with this policy are subject to removal from Branson Parks & Recreation activities and suspension from future activities at the discretion of the Parks Staff.**
- 3. High School Regulation Volleyball Rules Apply, with the exception of those outlined in Branson Parks and Recreation Volleyball Rules.**

### **Section 4**

#### **1. Communication**

- A. Game Schedules will be posted on our webpage [www.bransonparksandrecreation.com](http://www.bransonparksandrecreation.com) OR Facebook at [@Branson.RecPlex](https://www.facebook.com/Branson.RecPlex)**
- B. For weather updates, schedule update or pertinent information, sign up for text alerts by texting [@yvol2017](https://www.facebook.com/Branson.RecPlex) to the number 81010**
- C. Game Cancellation Hotline: 417-335-6550**
- D. Call or email Holly Mullen at 417-335-2368 or [hmullen@bransonmo.gov](mailto:hmullen@bransonmo.gov)**