

BRANSON PARKS AND RECREATION
YOUTH VOLLEYBALL RULES
Last Updated: 8/29/2016

GENERAL

1. Having boys on a team is not a requirement to having a team in this league. However, if a team opts to have boys on the team the following rules shall be in effect.
 - a. Teams may play with the following configurations:
 - i. 5 girls, 1 boy
 - ii. 4 girls, 2 boys,
 - iii. 3 girls, 3 boys
 - b. No more than three boys shall be allowed on the court at one time.
 - c. At no time shall there be more boys than girls on the court at one time.
 - d. When only four players are present, two players must be girls in order to start the match.
2. If there is more than one hit on a side, a female must contact the ball before the ball crosses the plane of the net to the other side.

3RD & 4TH GRADE

1. All players must play. Each player must play in the front row, back row, and serve.
 - a. Players who attend practice regularly could possibly have more playing time than those who do not attend practice.
2. The league will be co-ed.
3. The net height will be 6 foot and 6 inches.
4. We will use the 3 oz. volley-lite ball.
5. The service line will be from the top of the 3pt arch.
6. Matches will be 2 out of 3, the first two games will be to 25 points, third will be to 15 points.
7. Two time outs per game.
8. At least 4 players must be present to start a match.
9. Each team must supply one adult line judge per match. Please report to the official prior to game start.
10. High School Regulation Volleyball Rules Apply, with the exception of the following rules.
 - a. Substitutions will be in right back. On a side out the last server will rotate out and a new player will come in for her in right back, playing all the way around.
 - b. After 6 points have been served by a player, a side out will occur with no point awarded.

5TH & 6TH GRADE

1. All players must play. Each player must play in the front row, back row, and serve.
2. The league will be Co-Ed.
3. Players who attend practice regularly could possibly have more playing time than those who do not attend practice.
4. The net height will be 7 foot and 5 inches.
5. We will use the volley-lite ball.

6. The service line will be from behind the free throw line.
7. Matches will 2 out of 3, the first two games will be to 25 points, third will be to 15 points.
8. Two time outs per game.
9. At least 4 players must be present to start a match.
10. Each team must supply one adult line judge per match. Please report to the official prior to game start.
11. High School Regulation Volleyball Rules Apply, with the exception of the following rules.
 - a. Substitutions will be in right back. On a side out the last server will rotate out and a new player will come in for her in right back, playing all the way around.
 - i. If teams want to substitute positions in accordance to high school regulation, the referee in charge can allow this on a case by case basis.
 - ii. Before the match begins the coaches from both teams and the referee must agree that this is ok and that there are no unfair advantages in doing so.
 - iii. If it is seen that this is causing any unfair advantages, the league administer reserves the right to change this at any time.
 - b. After 6 points have been served by a player, a side out will occur with no point awarded.

7TH & 8TH GRADE

1. All players must play.
2. Players who attend practice regularly could possibly have more playing time than those who do not attend practice.
3. The league will be co-ed.
4. The net height will be 7 foot and 5 inches.
5. We will use a regulation ball.
6. The players will serve from the service line.
7. Matches will be 2 out of 3, the first two games will be to 25 points, third will be to 15 points.
8. Two time outs per game.
9. At least 4 players must be present to start a match.
10. Each team must supply one adult line judge per match. Please report to the official prior to game start.
11. High School Regulation Volleyball Rules Apply, with the exception of the following rules.
 - a. Substitutions will be in right back. On a side out the last server will rotate out and a new player will come in for her in right back, playing all the way around.
 - i. If teams want to substitute positions in accordance to high school regulation, the referee in charge can allow this on a case by case basis.
 - ii. Before the match begins the coaches from both teams and the referee must agree that this is ok and that there are no unfair advantages in doing so.
 - iii. If it is seen that this is causing any unfair advantages, the league administer reserves the right to change this at any time.
 - b. After 6 points have been served by a player, a side out will occur with no point awarded.

ALL LEAGUES

The Branson Parks Department requires that players, parents and coaches sign and adhere to a “Code of Conduct” regarding behavior and sportsmanship to which ALL will be held accountable. Sportsmanship violations, including foul language, intimidation, and threat of infliction of bodily harm against game officials, staff or other participants, coaches and spectators will not be tolerated. Individuals refusing to comply with this policy are subject to removal from Branson Parks & Recreation activities and suspension from future activities at the discretion of the Parks Staff.

